

A Song of Ascents.

1. "Man - y a time they have af - flic - ted me from my youth," Let Is - ra - el now say—

2. "Many a time they have af - flic - ted me from my youth; Yet they have not pre - vailed a - gainst me.

3. The plow - ers plowed on my back; They made their fur - rows long."

4. The LORD is right - eous; He has cut in piec - es the cords of the wick - ed.

5. Let all those who hate Zi - on Be put to shame and turned back.

6. Let them be as the grass on the house - tops, Which with - ers be - fore it grows up,

7. With which the reap - er does not fill his hand,

Nor he who binds sheaves, his arms. 8. Neith - er let those who pass by them say,

9. "The bless - ing of the LORD be up - on you; We bless you in the name of the LORD!"